Hartlepool College of Further Education

Hospitality, Catering, Hair and Care

New Directions:
Diploma in Complementary Therapies

Target Audience
This is an introductory qualification that has been designed to prepare you for a career in Complementary Therapies.

Duration
1 day per week, September-July.

Entry Requirements
By interview with a character reference and it is recommended that candidates should have achieved a level of education equivalent to five GCSEs at grades A*-C.

Content
You will cover a range of topics including basic massage therapy techniques, Aromatherapy techniques, Reflexology techniques and also an introduction to healthy eating, clinical services and anatomy & physiology.

Teaching and Learning
This qualification will develop your knowledge and understanding of the principles and practice and the clinic services and business awareness required for complementary therapies.

Assessment
All practical tasks and assignments will be assessed internally by the lecturer and externally modified by ITEC.

Progression
Following successful completion of the programme, you will have the opportunity to progress onto: Level 3 Diploma in Complementary Therapies, Level 3 Diploma in Reflexology, Level 3 Diploma in body massage, Level 3 Diploma in Aromatherapy or Level 4 Business management.

Other Information
Students will have to self purchase: Suitable therapy wear, Text books and other Products, for example – massage mediums.

Students will have the opportunity to participate in enrichment activities, visits and skills competitions, when/if held.