

**#TRANSFORMINGLIVES**

Hartlepool College  
of Further Education



SCHOOL OF HEALTH, CARE AND EDUCATION  
**LEVEL 2 EXTENDED DIPLOMA IN  
HEALTH AND SOCIAL CARE**

**TRANSITION PACKAGE**

COURSE INFORMATION

CASE STUDY AND TRANSITION TASK

INDEPENDENT RESEARCH

(THIS PACKAGE NEEDS TO BE COMPLETED AND ASSESSED BY THE COURSE TUTOR BEFORE INTERVIEW)

## CACHE L2 EXTENDED DIPLOMA IN HEALTH AND SOCIAL CARE

- 1 year full-time programme
- Mainly college based but placement is part of the programme
- Placements are usually in an older person's care setting either a care home or day centre
- DBS check must be completed
- Entry criteria:  
5 GCSE grades at least 2 at grade 4, one of which must be English or Maths and also at least 3 at grade 3.
- Uniform is a black college polo shirt, black trousers, black shoes.

## UNITS COVERED & BRIEF CONTENT

All units require that you empathise with service users, meaning you try to put yourself in their position. To support students with this we use case studies of service users to get them used to different scenarios and help them to think 'what would I do?' and 'how would I feel?'.

<b>EQUALITY, DIVERSITY AND RIGHTS</b>	<ul style="list-style-type: none"> <li>- The rights that service users have</li> <li>- How to treat service users fairly to prevent discrimination and aid inclusion</li> </ul>
<b>COMMUNICATION</b>	<ul style="list-style-type: none"> <li>- The different types of communication</li> <li>- How to overcome barriers to communication in the health and social care setting</li> </ul>
<b>DEVELOPMENT THROUGH THE LIFE-STAGES</b>	<ul style="list-style-type: none"> <li>- Growth and development from birth to old age</li> <li>- Factors that can impact growth and development and how health and social care services can support this</li> </ul>
<b>WORKING IN THE HEALTH AND SOCIAL CARE SECTOR</b>	<ul style="list-style-type: none"> <li>- Different Careers available in health and social and the skills and qualifications required for those roles</li> <li>- Legislation, policy, procedure and codes of practice</li> </ul>
<b>DEMENTIA AWARENESS</b>	<ul style="list-style-type: none"> <li>- Different types of dementia, their causes, signs and symptoms</li> <li>- How health and social care services support people with dementia and their families</li> </ul>
<b>SAFEGUARDING ADULTS AND YOUNG PEOPLE</b>	<ul style="list-style-type: none"> <li>- What is meant by safeguarding and the laws in place to protect service users</li> <li>- Different types of abuse and the consequences of abuse.</li> </ul>
<b>ANATOMY AND PHYSIOLOGY</b>	<ul style="list-style-type: none"> <li>- Main systems and organs of the body</li> <li>- What can happen when the systems aren't working effectively</li> </ul>





## CASE STUDY

Mary is 65 years old and is married to Norman with whom she lives with. She has vascular dementia which causes her to have short-term memory problems, mobility problems and shuffling are making it hard for her to perform day-to-day activities. This means she is becoming more reliant on Norman. Recently Mary has become incontinent and her behaviour is increasingly becoming more inappropriate and out of character which Norman finds very embarrassing, so he prefers to stay at home with Mary whenever he can rather than take her out. Norman is very worried how he is going to cope as her vascular dementia progresses.

1. Describe how do you think having vascular dementia makes Mary feel?
2. Norman now cares for Mary. What impact do you think this could have upon Norman and also his relationship with Mary?
3. Research any professionals or organisations that you think could help Mary and Norman, explaining what they could do to help.
4. Mary has vascular dementia, can you find the name of 3 other types of dementia?

## TASK:

Using the case study provided answer the following questions. Remember empathy.

There's so many programmes, films, websites and documentaries surrounding the topics you will be covering on this course. If you are interested in health and social care you will find these really interesting! It could also give you an idea about your future career and also kick start a passion regarding certain topic for example dementia, mental health to name a couple.

It is also advisable to watch the news as current issues in health and social care are regularly featured.

### Films

East is East    Inside I'm dancing

### Documentaries

Louis Theroux has released many documentaries surrounding relevant topics including mental health, dementia drug use, post natal depression and many others. These can be found on Netflix and BBC I-player by searching his name.

Stacey Dooley has covered topics such as mental health, discrimination, different families and lifestyle choices and many more in her documentaries. These can be found on Netflix and BBC I-player by searching her name.

### Websites

[www.healthcareers.nhs.uk](http://www.healthcareers.nhs.uk)    [www.dementiauk.org](http://www.dementiauk.org)    BBC bitesize

## WANT TO KNOW MORE?

