

## **#TRANSFORMINGLIVES**



SCHOOL OF HEALTH, CARE AND EDUCATION
LEVEL 3 TECHNICAL CERTIFICATE IN
HEALTH & SOCIAL CARE

## TRANSITION PACKAGE

**COURSE INFORMATION** 

**CASE STUDY AND TRANSITION TASK** 

INDEPENDENT RESEARCH

(THIS PACKAGE NEEDS TO BE COMPLETED AND ASSESSED BY THE COURSE TUTOR BEFORE INTERVIEW)

# WELCOME - CACHE L3 TECHNICAL CERTIFICATE IN HEALTH AND SOCIAL CARE

This is a full-time course intended for those students who aim to work in the health or social care sector. The course is taught by lecturers who are very experienced in this sector and in many cases have previously worked as health or social care professionals, bringing a wealth of experience to the classroom.

Course tutors are Lynne Craddock and Sarah Ashley who will teach as well as provide pastoral care during the year, alongside Stephanie Bolton who will also teach units.

#### **ABOUT THE COURSE:**

If you are the sort of person who cares deeply for others and feel you are wanting to be part of this vocational area, then this course may be for you and we look forward to teaching you. This course is a one year course which can stands alone providing an excellent understanding of the major aspects of the health and social care sector OR you may be able to continue on to a second year to achieve the Extended Diploma in Health and Social Care which will give you a qualification equivalent to 3 A'Levels and the points to apply to university or to go into employment in the sector.

The awarding body that run this course are NCFE CACHE.

The course is made up of 9 units (listed below) intended to give you the knowledge and understanding of the diverse roles of a health and social care practitioner to be able to provide the support to service users and meet their needs whilst keeping them safe from harm. Within the course will gain knowledge in laws, policies and procedures required to work in health and social care environment. The importance of infection control and effective ways of communicating with individuals. You will study the mind and behavior as well as the impact society has on individuals. The development of life from conception onwards, as well as developing the ability to reflect on your own practice and identify your developmental needs to progress onto your future career in a health or social environment.

There is a practical element to the course which is made up of 75 hours of of work placement will be monitored by tutors, and staff plus the completion of a placement logbook. This is a compulsory part of the course and must be completed to achieve the qualification. Before placement can begin you will have needed to complete a DBS and provide specific evidence to ensure you are a safe person to work with vulnerable people.



EQUALITY, DIVERSITY AND RIGHTS	This unit looks at the importance of equality and diversity and the rights of individuals when working in health and social care. It also focuses on the different strategies used to achieve it.
HUMAN GROWTH AND DEVELOPMENT	This unit explores the holistic human life stages, it looks at life stages and life events that can impact of development such as physical, social and emotional problems at different age ranges.
SAFEGUARDING IN HEALTH AND SOCIAL CARE	This unit explores the causes of abuse and neglect including signs and symptoms and what actions to take to report this as well as to keep themselves safe and whilst supportin the victim of abuse.
COMMUNICATION IN HEALTH AND SOCIAL CARE	Looks at the various ways we communicate and how to support the individual using various methods to be able to understand their needs, wishes and right. As well as how to ensure confidentiality.
INFECTION, PREVENTION AND CONTROL	This unit aims to build understanding of infection prevention and control in health and social care settings. It looks at cause and spread of infection and strategies to prevent and control it.
PSYCHOLOGICAL PERSPECTIVES	This unit looks at how we study the mind and behaviour of individuals in health and social care, it looks at different mental health conditions, and theories and approaches to treatments of those.
SOCIOLOGICAL PERSPECTIVES	This unit looks at how we study behaviour in groups of individuals, it explores different aspects of society and models of different health approaches.
WORKING IN HEALTH AND SOCIAL CARE	This unit looks at different laws, policies and procedures used within many areas of health and social care settings. This unit also explores different careers within health and social care and the specific requirements of that job role.
REFLECTIVE PRACTICE	This unit explores reflection and why this is vitally important when working in a health and social care environment. It gives the opportunity for the learner to reflect on their own work placement and their self-development.
TUTORIAL	Weekly lessons with your tutor to support your development and provide pastoral care as well as looking at local, national and international issues. This may include your involvement in charitable fundraising activities.

## WHAT WILL YOU BE STUDYING?

The 9 units all require you to produce assignments assessed by the unit tutors with grades from D to A\*. You will submit assignments electronically on or before the specific hand in deadlines. An externally marked assessment will be completed in the last term of the course this is a 20-hour assessment completed over three weeks under examination conditions and relates to your understanding of all the units.

## ASSESSMENTS METHODS

You will be expected to purchase a College polo shirt which has the college logo, to be used in placement and on some other occasions. This is priced under  $\mathfrak{L}8$  pounds currently however prices could vary. This will be ordered in induction.

You will be expected to have stationary including pens, folders and notebooks.

The course textbook which is recommended will assist with the two years of the course which covers 14 mandatory unit is available in the college library (limited numbers) we would encourage you to get your own copy if possible. CACHE TECHNICAL LEVEL 3 – Extended Diploma in Health & Social Care by Wyatt; Wedlake; Ferreiro Peterio; Rasheed and by Hodder

HOW CAN I
PREPARE FOR
THIS COURSE?

### TASK:

- 1. Provide an explanation of your motivation for helping others? Why do you want to study Health and Social Care? What/ who inspired you? Do you have a career choice and why?
- Research Task- Identify a local care service and provide an explanation for that service. Staff and job roles within the service, what type of client group do they offer services for and what facilities are available to meet the needs of the individual? Also identify their last inspection done.
- 3. Academic writing is essential to successfully completing this course. It requires hard work and the willingness to learn. All assignments must include correct referencing and cannot contain copied and pasted work. This is forbidden by colleges and universities who have strict guideline to avoid this. This task is intended to encourage your academic writing and the development of referencing of sources of information correctly to avoid plagiarism.

**TASK:** To understand some of the terminology around this, use the following website: **www.citethemrightonline.com** 

#### **Define the key words:**

a) Referencing

b) Plagiarising

c) Summarising

d) Paraphrasing

e) Bibliography

Then, find out and write the correct way to reference using Harvard style referencing. Produce a reference from a textbook and an website It does not matter in this instance, what source of information you reference, but pay attention to the use of capital letters, commas, brackets, quotation marks, and italic font.

Your work will need to be word processed and emailed to: sarah.ashley@hartlepoolfe.ac.uk or lynne.craddock@hartlepoolfe.ac.uk Good luck and we hope to see you soon for interview in due course.

## ADDITIONAL INFORMATION

#### **DBS**

You will be given details of the DBS process at interview/ induction and will be expected to complete this on-line. Additionally, you will need to bring into college information that is required this will include:

Passport (if you have a current one) Original birth certificate. (if you do not have one you can contact the Civic Centre and arrange to purchase an original copy) proof of your address (e.g. a bank account statement in the previous three months - If you do not have one it is advisable that you open an account) or a provisional driving license or utility bill in your name if you live independently may also be used.

Course tutors: Sarah Ashley, Lynne Craddock

E-mail: sarah.ashley@hartlepoolfe.ac.uk lynne.craddock@hartlepoolfe.ac.uk

